

# HEALTH AND SAFETY WHILE OPERATING A FORKLIFT



## Risks



Tip-over of / falls from forklift truck



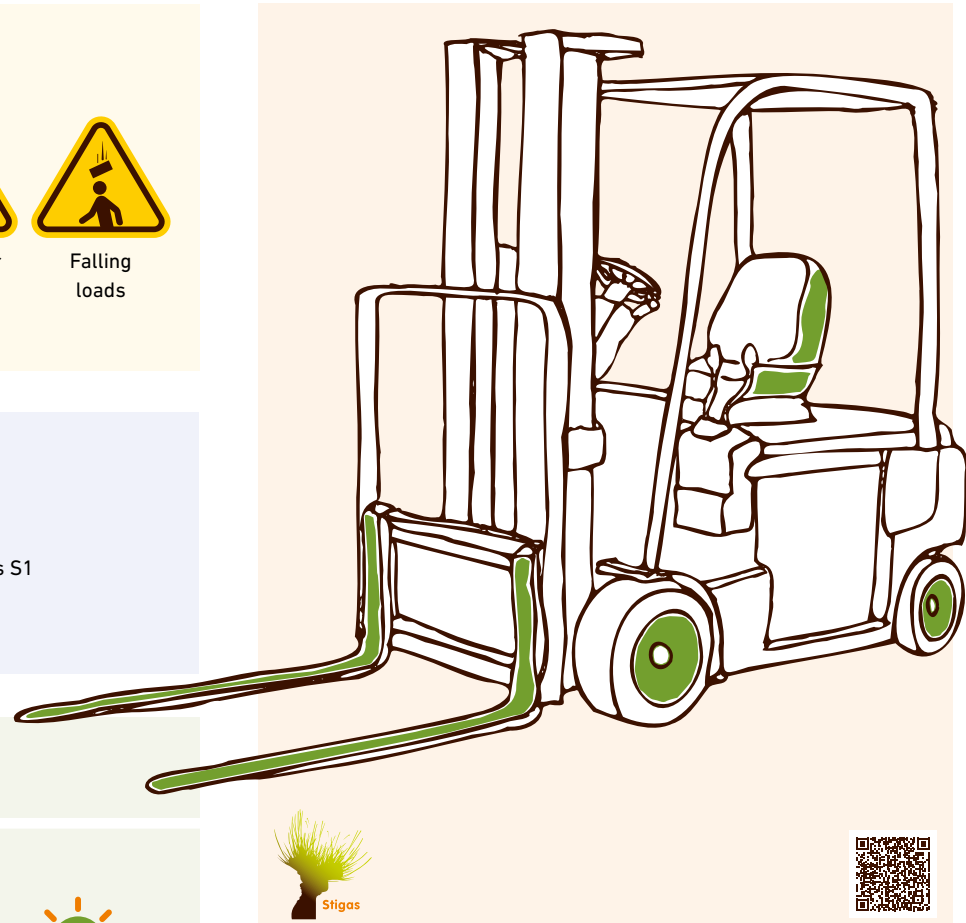
Collision with people or objects



Driving over foot



Falling loads



## PPE for safety



Wear at least Protection Class S1 safety shoes



## Measures

### 1. Before starting work



Only drive forklift truck after receiving training / instruction



Check workfloor



Proper lighting



Check load table, Never lift a heavier load



Safety cage must be used when lifting > 1m80



Stigas



Call in the event of emergency or breakdown

### 2. During work



Do not lift people



Visibility restricted when driving forward: reverse and arrange for spotter



Check all mirrors



Observe speed limit



Secure/fasten all loads to prevent dislodgement and falls



Do not drive with a raised load



Wear seat belt



Follow floor marking



Always distribute load evenly on both forks



Lights and audio signals on



Do not use a smartphone or wear earbuds while driving

### 3. After completing work



Park forklift truck with the forks in the lowest position



Set the truck's handbrake



Remove contact key when unattended



Always report unsafe situations or accidents to supervisor